



Never doubt that a small group of thoughtful committed citizens can change the world: indeed it's the only thing that ever does.

Margaret Mead



PAUSE FOR THOUGHT FOR TODAY'S WORLD



How Can We Have
True Unity in a
Fractured World?

In a world of fault lines and fractures, we stand in a place where opposites come together, awaiting the birth of what is to come.

If you are doubting, welcome. If you are healing, welcome. If you are angry at injustice, welcome. If you are afraid, welcome. If you are joyful, welcome. If you are longing to belong, welcome. God's generous rhythm of life, death, resurrection, moving in and through all things, the very breath and source of the cosmos itself.

Our pathways converge and continue, each one of us a catalyst for loving action in our complex and fractured world. (Rohr)

NEWS FROM GOMA, DR CONGO - S. THERÈSE NAMWINDO

"As we promised, we will just want to send you a brief report on the work we are doing here in Goma for the poorest.

At the end of February, 27 orphaned children were brought from Masisi (a highly insecure area of Goma). They were children who had been picked up, without any destination, parents killed, others had lost their parents when they fled. These children came very tired, others sick with malaria, hungry, with very sad faces.

Others did not know their own names. You can see their picture now: they are healthy again by your great generosity.



The amount you sent us at Christmas, allowed us to treat them and buy them food, clothes etc.

For everything: purchase of food, clothing, medicines etc., since December 2022 until April 15, we have spent \$4.607.

The medical care and also the food cost more because the food is very expensive here in Goma for the moment.

We thank you very much because you help us to continue the mission to alleviate the suffering of all those poor who suffer unjustly. Let us continue this together with you. Many thanks."

PRAY WITH US

Every Saturday, we send a themed set of reflections and music to anyone who would like to receive them.

Click here for a sample of what is available:

<https://canonesses.co.uk/saturday-reflection-29-july/>

If you would like to receive Saturday reflections (if you don't already) please let us know via crssuk@canonesses.co.uk.



ST AUGUSTINE

"God is not what you imagine or think you understand. If you understand him, you have failed. My human mission is to seek him through every means, and to remain a God-seeker until the day when he reveals himself to me face to face."

SOME HAPPY COMMUNITY TIMES DURING THE SUMMER



The Community used the Coronation celebrations as a good reason to gather together with friends and neighbours to enjoy some happy days full of music and fun.

We also enjoyed a wonderful day in Frinton when the sun shone and we were able to get to the beach - wheelchairs and all!!



THE BIG QUESTIONS

"We are meant to be hope-filled people, but how do we keep an enduring sense of hope in a society where divisiveness and hostility doggedly work against it?" (Joyce Rupp)

Please join us to explore this question through a series of reflections and discussions. Details will follow.

LISTENING

We finished our year's exploration of the theme of 'Listening' with a celebratory gathering in Anderson Avenue on one of the rare days when keeping OUT of the hot sun was a challenge.

The gathering ended with a very moving liturgy of thanksgiving and companionship.



GENERAL CHAPTER XII

Every 6 years the Association of Canonesses of the Holy Sepulchre has its General Chapter - a multilingual, multicultural Conference which lasts for over a week. As usual, this took place in Belgium but at a new venue this time - the Diocesan Conference Centre of Groenhove near Bruges.

Our Community was represented by S. Diana, S. Margaret Mary and S. Moira.

The overarching theme was 'Women of the Dawn' and once again we had challenging and thoughtful input from Dr Lea Verstricht whom many of you have met during her visits to England.

The photos over the page show both the main picture of the Women of the Dawn and also Dr Lea Verstricht giving her talk.

The Conference made a declaration of intent at the end.

As it was not originally in English, we have had to rewrite some parts of it to make sense of it.

This is our modified version:

We commit ourselves as Canonesses of the Holy Sepulchre to walk the path of transformation together.

We commit ourselves to foster hope with and for others.

We commit ourselves to take our place alongside women worldwide, to reach out to women and be close to them in their lives.

We commit ourselves to take eco-spirituality to heart in caring for our earth and for those who are poor, and to keep it as a topic on our Community's agenda.

We commit ourselves to live a spirituality of peace and to participate in processes of mending and healing.

We commit ourselves to embrace our own vulnerability and that of others and to deepen relationships.

We commit ourselves to share in the dream of synodality in the life of our own community, the church and the Association.

In this kairos-moment, we commit ourselves with enthusiasm and inspiration, always open to the light.

As Women of the Dawn, the way in which we live our sisterhood and brotherhood can make the experience of faith in the Risen Lord visible.

In the footsteps of the Women of the Dawn, we continue to tread that path together.
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GENERAL CHAPTER XII CONTINUED



DATES FOR YOUR DIARY

SATURDAY NOVEMBER 4TH: 2pm Mass for the Dead at New Hall, all are welcome.

END WITH A SMILE!!!



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