



**NEWSLETTER
EXTRAORDINARY EDITION
VOLUME 13**

Never doubt that a small group of thoughtful committed citizens can change the world: indeed it's the only thing that ever does.
(Margaret Mead)



PAUSE TO REFLECT

Not all feelings have words. Not all storms have names.

We are all going through this together but the way we process will not look the same.

Some will "find the good" in a matter of minutes. For others, it will take years.

There is no one way of traveling through this and I hope, on this journey, there can be room for each of us here. It may take years to find the words for some of the things we are living through right now.

So can we release ourselves from the pressure to sort through it all today?

But we take comfort in knowing: there is no certain deadline or day for which we must finally have the "right" words to say.

We will arrive at the right words when we are meant to arrive at them. The poetry will rise up within us in the timing it was meant to.

Let us release ourselves from the pressure to immediately "find the good" in everything.

Let us allow ourselves to feel the fullness of our grief, and also, feel the fullness of our joy whenever our hearts are ready.

Let us give ourselves permission to journey long through this landscape. For perhaps, it is okay if we do not see the bigger picture right away.

Let us give this time. Let us give this space.

MOIRA METCALF RIP 1928-2021

The Community was sad to learn of the death of Moira Metcalf on February 14th 2021.

Moira spent many years in the Community (1952-1976), known at that time as S. Mary Simon. She was also a member of the General Council of the Association. She went on to teach and act as Bursar at Woldingham. She retained very good links with us all, taking a lively interest in all aspects of life in the church, society and the world.

She is pictured here with her sister Melissa.

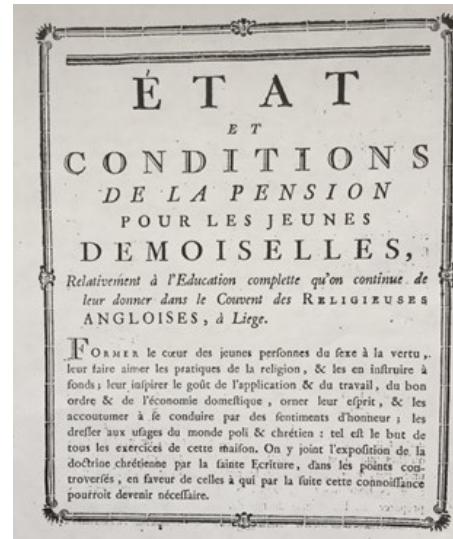


FROM OUR ARCHIVES

We gathered a large group of friends and academics from across the world to hear from our researcher Dr Cormac Begadon whose focus was on the role played by the Community and school during the Enlightenment.

The early school prospectus is one of very few of its kind from that period.

He also showed us numbers of professions during this period, indicating that they were much higher than those of other convents at the same time.



- Enlightenment from within the Cloister? - Canonesses of the Holy Sepulchre



St AUGUSTINE

"Lent is the epitome of our whole life."

Reimagine PROGRAMME

Our next Reimagine session is on Tuesday 9th March at 6pm and will be led by Christine Allen, Director of CAFOD.

Her session is entitled - A YEAR OF OPPORTUNITY



REIMAGINE - 2021: A Year of Opportunity? - Canonesses of the Holy Sepulchre



Friday 14th May at 6pm

As a follow up to our Reimagine series on Education and the pandemic, we have managed to engage Chelmsford MP Vicky Ford (Under Secretary of State for Children and Families) to join us in a zoom debate on all issues related to schools, families and the future in the light of the pandemic.

Topics will be carefully prepared by a focus group in advance of the session.

LENT PROGRAMME

We have begun our Lent programme well and made wonderful connections across the globe with our reflections and other sessions.

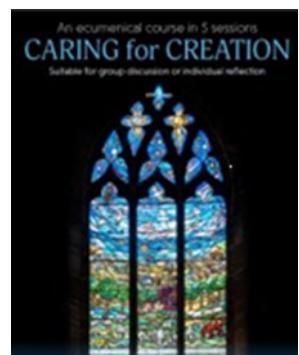
Ash Wednesday began with a wonderful reflection on new life and hope epitomised in the sightings of the first snowdrops. We were joined by over a hundred others for this prayerful start to Lent.



S. Angela led a very inspiring workshop reflecting on Stanley Spencer's 'Christ in the Wilderness' paintings. We focussed on three paintings including this one entitled The Hen, and Angela helped us to relate the experiences to some of our own experiences during the pandemic.

We are half way through our Lenten course: Caring for Creation, and have found it engaging, relevant and thought-provoking.

There are about 35 of us following the course and we have enjoyed some prayerful moments as well as some lively debates about life style and social responsibility.



DATES FOR YOUR DIARY

Tuesday 9th March: 6pm

Reimagine

2021 - A Year of Opportunity? - Christine Allen (CAFOD)

REGISTER VIA WEBSITE EVENTS PAGE

Tuesday 16th March and/or Tuesday 23rd March: 3-4pm

Bread Broken (S. M. Stephen's Stations of the Cross series)

Reflecting on the Journey through the Cross - led by S. M. Stephen and S. Teresa

Saturday 27th March: 2-4pm

Stations of the Cross

Reflecting on Sieger Koder's Stations of the Cross, accompanied by music of Voces 8 - led by S. Moira

1stst - 11th April:

Journeying through the Triduum and beyond:

20-25 minute reflections - music word and visuals

Maundy Thursday: 5.30pm

Good Friday: 7pm

Holy Saturday: 11am

Easter Sunday: at 12 noon. Do join us for a 10-15 minute drink and chat!

Sunday 11th April: 5.30pm Living the Resurrection

You will find below the remaining events in our Lenten programme and you are warmly invited to join us for any of these. Information about how to join these will be sent nearer the time.

43 Anderson Avenue
Chelmsford CM1 2DA
01245 604108

74 Howe Close
Colchester CO4 3XD
01206 867296

www.canonesses.co.uk
Charity Registration No. 1167869



The Association website:
www.crss-worldwide.tk

71 Cundy Road
Custom House
London E16 3DJ
020 7476 5490

Weekend Plans:

- Going for a walk.
- Walking.
- A walk.
- Walk to the shop.
- Walk around the block.
- Popping out for a walk.



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END WITH
A SMILE!!

