



NEWSLETTER EXTRAORDINARY EDITION VOLUME 5

Never doubt that a small group of thoughtful committed citizens can change the world: indeed it's the only thing that ever does.
(Margaret Mead)



PAUSE FOR THOUGHT



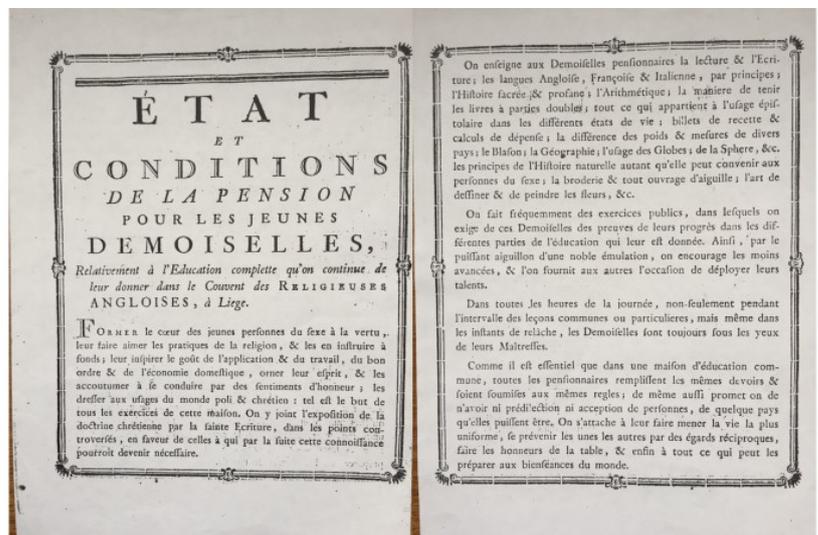
**DON'T LET THE WORLD DIVIDE US
WHEN GOD CREATED US TO LOVE
EACH OTHER!**

"Strange is our situation here on earth. Each of us comes for a short visit, not knowing why, yet sometimes seeming to divine a purpose. From the standpoint of daily life, however, there is one thing we do know: we are here for the sake of others. Many times a day I realize how my own outer and inner life is built upon the labours of so many others."

Albert Einstein

NEWS FROM OUR RESEARCHER DR CORMAC BEGADON

With help from Zoom, we have had some wonderful updates from our Archive researcher whose current focus is on the impact of Enlightenment on the education offered in our Community's school in Liège in the 18th Century. Using our archive material he has shown us that our school was an educational and spiritual hub which was leading the way in educational and spiritual fields. There is also evidence that the Jesuits were influenced by our Community's curriculum and pedagogy!!!
Read more via our website:



<https://canonesses.co.uk/canonesses-take-the-lead-in-the-enlightenment/>

BLACK LIVES MATTER

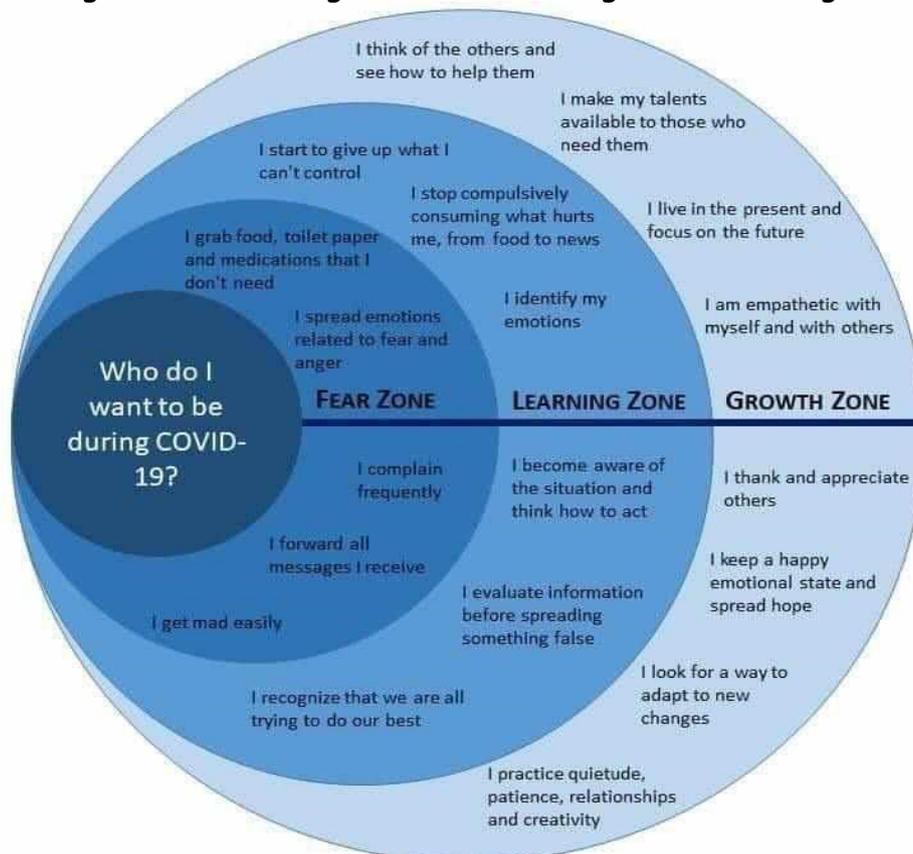


Along with the rest of the world we watched with horror the brutal killing of George Floyd and have been engaged in prayer and reflection as we have followed the protests and debates. Some of us have engaged in 'virtual' demonstrations and signed online petitions. Please use the link below to follow some of the most engaging reflections we have found:

<https://canonesses.co.uk/news-events/talking-points/>

REFLECTION

We have started to reflect on the effects of the virus and of lockdown not only on ourselves but also locally and globally. We hope to share some of our reflections and plans for the year ahead with you soon. Meanwhile you might find this diagram an interesting tool for thought.





St AUGUSTINE

"A Christian is: a mind through which Christ thinks, a heart through which Christ loves, a voice through which Christ speaks, and a hand through which Christ helps."

COMMUNITY NEWS

Many of us have enjoyed our gardens and walks during these long months and have maybe grown in our appreciation of some of the things that may pass unnoticed during our busy lives.

Someone suggested including this poem by Brian Patten to capture that sense of heightened awareness.

The Stolen Orange

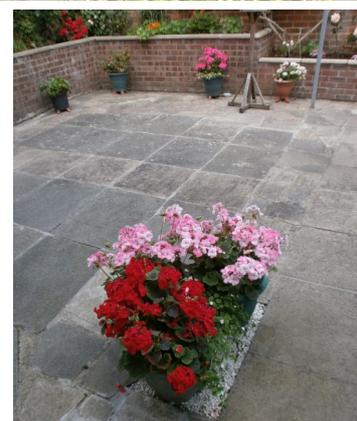
When I left I stole an orange
I kept it in my pocket
It felt like a warm planet

Everywhere I went smelt of oranges
Whenever I got into an awkward situation
I'd take out the orange and smell it

And immediately on even dead branches I saw
The lovely and fierce orange blossom
That smells so much of joy

When I went out I stole an orange
It was a safeguard against imagining

These photos were taken in our gardens
which have given us such solace and
enjoyment.



AFRICA TEA PARTY FUNDRAISER



Wish we were here !

Sunday July 26th A Tea Box For Two containing:

Finger sandwiches selection (smoked salmon & cream cheese, mature cheddar and tomato, ham salad); Sausage rolls; Quiche; Scone with clotted cream & Tiptree jam; Lemon drizzle cake; Victoria sandwich; Locally grown strawberries.

Suggested cost £20 for two people.

Please support this initiative and gather a group together if you can, following the current guidelines of course. All the money will go to help projects run by our sisters in the Democratic Republic of the Congo.

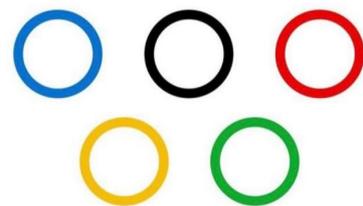
Please follow the link:

<https://canonesses.co.uk/garden-party-for-africa-july-26th-2020/>

AND FINALLY LET'S END WITH A SMILE!



OLYMPICS
NEXT YEAR?



Contact us:-

www.canonesses.co.uk
Charity Registration No. 1167869

43 Anderson Avenue
Chelmsford CM1 2DA
01245 604108

74 Howe Close
Colchester CO4 3XD
01206 867296



The Association website:
www.crss-worldwide.tk

71 Cundy Road
Custom House
London E16 3DJ
020 7476 5490